

Solution Focussed Approach

Best Hopes

Firstly, what do you imagine are the pupil's best hopes?

Essentially, "What do you want?" rather than "what don't you want?"

"How would you and other staff members know if you've been successful with your outcomes?"

Preferred Future

Secondly, what would the preferred behaviour of your pupil look like?

If a miracle happened overnight and you arrived at school tomorrow morning, and your best hopes had become a reality – how would you know?

"What would be the first tiny sign that anything had changed for the pupil?"

Scaling

If your best hopes for the pupil have become a reality, and is a 10/10, and 0/10 is as far away from that as you can ever imagine being.....

"Thirdly, on a scale of 0 to 10 where would you say the pupil is right now?"

What shows you it is that number and not lower? (How do you know it is a 5 and not a 1?)

Signs of Progress

"Lastly, if you were to find the pupil moving just one point up that scale – how would you know?"

Remember

1. Small steps can lead to big changes.
2. The solution is not necessarily related to the problem.
3. No problem happens all the time there are always exceptions that can be utilised.
4. The future is both created and negotiable.